

## Munster Camogie Council Development DVDs

1. Technical breakdown of Skills by Paudie Butler, Lotty, Tim Larkin, Stuart Barry, Esther. [Feb 2015]

**<https://www.youtube.com/watch?v=35pU5WTeOmA>**

2. Technical breakdown of Skills with Paudie Butler, Fiona O' Driscoll, Lotty, Ollie Troy [Feb 2016]

**<http://www.munstercamogie.com/2013/administration.php>**

3. Paudie Butler – Indoor Ball alley camogie session [Dec 2018]

**<https://www.youtube.com/watch?v=Adjf5VZ2bnA>**

4. Brendan Cummins Goalkeeper workshop camogie session [Dec 2018]

**<https://www.youtube.com/watch?v=zbGDZAh9FG4>**

5. Martin Fogarty – Fitness with the ball camogie session [Dec 2018]

**<https://www.youtube.com/watch?v=LPMqhAiUG8I>**

6. Rena Buckley on Age appropriate warm ups & stretches [Dec 2018]

**<https://www.youtube.com/watch?v=D9Lj3xJBifg>**

7. Paudie Butler & Rena Buckley on striking [Dec 2018]

**<https://www.youtube.com/watch?v=ZTCYVpMh3pg>**

8. Ollie Troy on defensive skills & tackling [Dec 2018]

**<https://www.youtube.com/watch?v=Cm-gu6R-s9k>**

9. Ollie Troy on giving kids confidence to lead [Dec 2018]

**<https://www.youtube.com/watch?v=Yrag7XHweMo>**

10. Brendan Cummins – Aerial contest & passing [July 2019]

**[https://youtu.be/Ra\\_gdva3yrY](https://youtu.be/Ra_gdva3yrY)**

11. Rena Buckley – Pre match warm up & Jablift [July 2019]

**<https://youtu.be/CV64Zl60i4Y>**

12. Derek McGrath – Tackle & Weak Side Strike [July 2019]

**<https://youtu.be/YMj2tJeGsJo>**